

PSY-COACH



Welcome to Psy-Coach! I'm Prachi S Vaish, a licensed Clinical Psychologist and Psychotherapist, and the founder of India's first online psychotherapy website in 2009! Besides dealing with psychotherapy clients full time, I now train young Psychology enthusiasts in skills required to survive and thrive in the field of Psychology. My Super Therapist Program trains Masters level psychologists who want to sharpen their psychotherapy skills. When I was in the thick of my Super Therapist Program, I received a lot of queries from students of Psychology in 11th – 12th grade, in undergraduate studies and even those who wanted to make a career switch later in life.

"Are there any introductory programs for psychology aspirants who have no background or experience? I want to go for psychology but I would like to understand more about the field" - came an innocent query from a student who was super keen on enrolling for the Super Therapist Program but knew she was too fresh for it! This and many other such queries got my mentor brain tingling and Psy-Coach was born!

This is a **short, simple, super affordable and completely online mentorship program** for Psychology enthusiasts who want to understand if Psychology is the right career for them and who want to gain a deeper understanding of the field of Psychology.

HERE'S WHAT YOU GET:

- ✓ Two weeks of personal one-on-one mentoring with me
- ✓ A glimpse of what it is like to be a practicing mental health professional
- ✓ Four 1-hour video sessions to discuss Psychology and its fundamentals as well as scope
- ✓ WhatsApp chat support to clear doubts/reading recommendations
- ✓ Guidance for internship and project work (if applicable)
- ✓ Doubt clearance for your syllabus (if applicable)
- ✓ Extra need-based teaching/coaching sessions*

*These sessions can be utilised for on-the-spot teaching of a chapter or concept on a pay-per-session basis

This is a never before experienced opportunity for you to interact closely with a mental health professional with over 16 years of experience!

WHO CAN PARTICIPATE?

You can take advantage of this program if:

- You're a student of 10th to 12th grade and have opted for Psychology or are thinking about it
- You have Psychology in 12th and are trying to decide if you should specialise in it further
- You're pursuing your graduation with Psychology as a subject but aren't sure of you want to make a career out of it
- You're in another career but have felt the pull towards the field of mental health and want to gain a deeper understanding before you take the plunge

You're at that crucial stage in life where it is very important to make an informed choice about your future and Psy-Coach gives you a complete in-depth understanding of what to expect from a career in Psychology!

WHAT DOES IT COST?

This entire two-weeks intensive mentoring program costs just as much as your monthly shopping trip to the mall. You get all the benefits of the Psy-Coach program plus an exclusive FIFTY PERCENT discount on my Super Therapist Program if you enrol after finishing your Master's degree/decide to pursue this as a career (yes, I love working with my trainees long-term!) – all this for just Rs. 8000/-!

So what are you waiting for? If mental health is what gets your heart racing, then come with me and see all that this field has to offer! YOU are the future of Psychology!

For any queries you can reach me directly on WhatsApp at 9265303190 and you can also follow me on Instagram @the.gritty.therapist.

BE THE BEST THAT YOU CAN BE!